

The Gentleman's Daily Code Essentials

Wake up when you said you **would**.

Shower. Teeth. Deodorant.

Speak **clearly**. Eye **contact**.

Put your phone **away** when someone's speaking.

Don't interrupt.

Stand and sit like you **give** a damn.

Remember people's names. Use them.

Don't be loud for no reason.

Clean up after **yourself**.

Never joke at someone's expense.

Compliment **without** expecting.

Be five minutes early.

Thank people—**properly**.

Handle rejection **without** bitterness.

Check your posture before you walk out.

